

Happy Talk



Surprise! Mock Shock!

A great way to help children learn new words, is to include an element of surprise and excitement. Children love educating and correcting grown ups! Pretend you are shocked to learn some of the things they help you learn!



I Didn't Say Brownlilocks! Did I?

In March we suggested you make silly mistakes when telling and singing familiar stories and rhymes. Pretend to be shocked that you made a mistake, and insist that you didn't notice! Ask the children to help you fix it!

Wow! Treasure Hunt!

Hide toys / pictures / puppets and act surprised when the children take turns in 'finding' them.

Be Amazing! Be Amazed!

Tell the children that you think they cannot do things they absolutely can, act very shocked and surprised when they show you otherwise, and tell you all about their achievements. Ask them, with your best mock shocked face; 'Did you know you were so good at _____?!'



August 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

05 Aug ● Bank Holiday



For further information visit:
www.hse.ie/happytalk

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August 2024



Rhyme

Peek A Boo! Cá Bhfuil Tú?

(to the tune of Frère Jacques?)

Where is Sarah? Where is Sarah?
Where are you? Where are you?
Are you hiding? Are you hiding?
Peek a boo! Peek a boo!

Cá bhfuil Mica? Cá bhfuil Mica?
Cá bhfuil tú? Cá bhfuil tú?
Tá sé i bhfolach!
Tá sé i bhfolach!
Píc a bú! Píc a bú!



Rhyme Time Voices and Games

Babies Can Take Turns!

Babies find ways to take turns, even when they cannot say the words or sing the rhymes. Babies will use eye contact, actions, sounds and try to say words to be part of the fun! With rhymes we can encourage sounds and actions with babies. 'Peek a Boo!' is fun and exciting and invites babies and toddlers to take turns, and get excited about their opportunities to communicate!

Mindful Moment

Five-Finger Starfish Mindful Moment

Invite the children to hold up one hand in a starfish position (fingers spread wide).

While they gently trace up and down each finger with the other hand, focusing on breathing in and out at the same time.

Start with your palm facing you, begin at the thumb, and breath in deeply as you trace your finger up the thumb; breathe out as you trace your finger back down the thumb.

Again, take another deep breath in as you trace your finger up your index finger, and breathe out as you trace your finger slowly down again.

Continue guiding the children to slowly trace up and down the remaining fingers with each deep breath.

Carry out the same technique on the other hand and swap tracing fingers. By the time you are finish you will have taken 10 deep breaths.