

Happy Talk



April 2024

Mindful Moment

Listening Carefully Mindful Moment

Take a moment to quiet down, sit still, and take some deep breaths. This Mindful Moment is a great way to take a silent moment between activities.

Invite the children to listen to the sounds outside the room... the sounds inside the room... the sound of their breath... the sound of the heart beating. Quietly tell someone what they could hear.

Maybe you can hear the cars on the road outside, or people talking in the room next door.

Finish with a last quiet moment to take some deep breaths.



Rhyme

Hey Diddle Diddle

Hey diddle diddle, the cat and the fiddle,
The cow jumped over the moon,
The little dog laughed to see such fun,
And the dish ran away with the spoon!

Rhyme Time Voices and Games

When rhymes are well known they provide great opportunities to introduce new ideas and new words. If you don't know Hey Diddle Diddle well already, practice it lots of time for a few days. Once your child know it well, see can you swap the words and change the story?

- First... Draw, make or print-off a big moon to play with!
- Draw, gather or print-off pictures of a cat, a fiddle, a cow, a dog, a dish and a spoon!
- Can the cow jump over, under, around the moon? Can the dog laugh, cry, shout, gasp to see such fun? Can the dish run, hop, walk, skip away with the spoon!



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New Words...Practice & Play!

In Hey Diddle Diddle, we practiced some new position words (or prepositions) and we explored what the cow could do. Play these games... Play these games to practice more position words:

I Spy: Use position words in your clues:
I spy something
beside the door /
under the table /
up on the chair /
down on the ground



Scavenger Hunt; Hide and find, and remember to talk about where things were hiding!

Silly Leprechaun; The Silly Leprechaun is such a messer! He keeps putting things in the wrong place. Invite the children to put things back in the correct place and talk about where things belong; 'The bin doesn't belong on the chair, it belongs in the corner!' This game can be played throughout the year with the Silly Easter Bunny, the Silly Christmas Elf.



April 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

1 Apr ● Easter Monday