

# Happy Talk



## Did You Know? Rhymes Tell Stories!

We can build rhymes up to help us tell stories. Rhymes are useful for story telling because they are familiar to us, and we can say them out loud.

In February we told the story of the Duke who has lots and lots of friends!

In March we told the story of a mouse who was a messer! This month we can tell about Nibbles and Twitch who hop all over The Glen!

While singing / saying these rhyme pick actions for each part and act them out. This will help us remember the rhyme, and makes it more fun!

When singing /saying these rhymes talk about the details; Who is in the rhyme? Where did the song happen? These details make good stories!

When you're finished the song / rhyme talk about the story of the rhyme. What happened first? What happened next? What happened at the end?

Thinking about the beginning, middle and end of the story helps us to organise what happened. Expand on all the rhymes you know to tell their story:

- What happened to Humpty Dumpty? How did he fall?
- What happened to Little Miss Muffet? Where did she run to?
- What happened to Little Bo Peep? Did her sheep come home? Where was she?



## May 2023

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

01 May ● Bank Holiday

For further information visit:  
[www.hse.ie/happytalk](http://www.hse.ie/happytalk)

# Happy Talk

## May 2023



### Mindful Moment

#### Alien Mindful Moment

Sitting in a circle with the children, invite them to imagine that they are an alien, or to pretend they've never seen the things we will look at, before. You may want to give each child an object, or if the group is small use one or two objects that are passed around. Use objects that have a variety of appearance, function, texture (e.g. plastic cup, block, metal fork, teddy, bottle of water). Invite the children to take an object and examine it as if they've never seen it before.

'Let's pretend! Wow! A see through bottle full of water? This is amazing!' Imagine you are looking at this item for the first time.

What does it look like? Look at each small piece of the object, holding it very close. Describe it as best you can. What does it feel like? Feel each part of the object using your fingers, hand, even your face. Describe it as best you can.

### Rhyme Time Voices and Games

#### Tell stories using rhymes!

We can build on the words, ideas and stories in the rhymes we know to learn more language, to tell stories and to learn more about the world.

For example, using this month's rhyme Nibbles and Twitch can hop almost anywhere! Follow up the song with what happens next, next and in the end? The possibilities are endless!

Nibbles and Twitch hop...

- Under the bridge, E.I.E.I.O...
- Over the road, E.I.E.I.O...
- Around the tree, E.I.E.I.O...
- Down the hill...
- Through the park...
- Next to the pond...
- Into the shop...
- Onto the farm...
- Into school...
- Up to the library...
- Up to the pool!



### Rhyme

#### Nibbles and Twitch Live in The Glen

(To the tune of Old Mac Donald)

Nibbles and Twitch live in The Glen, E.I.E.I.O!  
Nibbles and Twitch live in The Glen, E.I.E.I.O!  
With a hop hop here, and a hop, hop there!  
Here a hop, there a hop, everywhere a hop hop!  
Nibbles and Twitch live in The Glen, E.I.E.I.O!