



Gatekeeper Information Leaflet

Study title:
“Exploring mindfulness-based practice in early years’ education”

Researcher Name: Leesa Flanagan
Telephone number of Researcher: 085 8826811
Email address of Researcher: leesa.flanagan@dkit.ie
Research Supervisors Names: Dr. Jemma McGourty & Dr. Catherine O’Connor

Dear Gatekeeper,

My name is Leesa Flanagan, and I am a PhD student in DkIT. I am undergoing a piece of research titled “Exploring mindfulness-based practice in early years’ education”. The purpose of this research is to investigate the prevalence of mindfulness -based practice in early years education in Ireland and ECEC educator’s implementation of mindfulness-based practice with young children. This will be conducted through an online Microsoft Forms survey. There are no right, or wrong answers and input is welcome from all educators, those who use or do not use mindfulness- based practice in their work with young children. It is hoped these findings will contribute to the evolving field of mindfulness -based practice in the early years. You are being invited to take part or/ and distribute this survey as you are either a manager of an early year’s service or a member of a professional group working with early year’s educators in Ireland.

I would like to convey to you that participation is voluntary and please see attached the consent form and participation leaflet to inform you about the study in more detail to empower you to make an informed decision. A link to the anonymous Microsoft Forms survey is attached to this email. I would be most grateful if you could disseminate this link to ECEC educators. All my contact details are included if you have any questions or wish to seek clarification.

Kind regards,

Leesa Flanagan