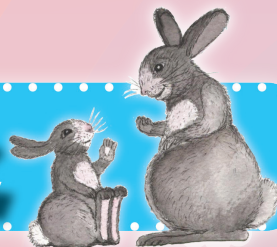


Happy Talk



Winter Fun!

Use these games to practice doing words and describing words:

Paper Plates Skating!

Tape paper plates to shoes and pretend to go skating!

- *Skating, balancing, sliding!*
- *Fast, slow, careful!*

Snowman in a Bag

Use a see through plastic bag you can seal or tape shut. Put some shaving foam and small shapes into the bag e.g. small piece of carrot for nose, twigs for arms and legs. Move around the pieces the 'snow' and pieces to make a snowman!

- *Pushing, feeling, touching!*
- *Gooey, foamy, mushy!*



Paper Snowflakes

Fold a piece of white paper in half 3 times so you have a triangle that looks like a cone. Then cut shapes out of the two sides of the 'cone' When on open up the folded piece of paper you'll have a snowflake!

- *Folding, cutting, making!*
- *Small, beautiful, round!*



Snow Dough

Mix equal parts of hair conditioner and corn starch for some snow play dough. Add a scent or colour as you like! Not suitable for smallies who might eat the snow dough!

- *Mixing, squeezing, shaping!*
- *Soft, smooth, white!*



November 2022

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				





November 2022



Rhyme

Here We Go Round the Mulberry Bush

Here you go round the mulberry bush,
The mulberry bush, the mulberry bush,
Here we go round the mulberry bush,
On a cold and frosty morning.

This is the way we *zip up our coats...*
This is the way we *put on our hats...*
This is the way we *pull up our boots...*
This the way we *put on our scarf...*



Ringing Bell Mindful Moment

If possible use a bell for this activity!

Whatever sound you use, choose a specific sound to use for this activity and introduce it to the children, explaining that it is going to be our mindfulness or noticing sound: you can use a bell, a musical instrument. You can also find a bell sound on your phone!

Mindful Moment

Ring the bell and invite the children to listen to the sound the bell makes until you can't hear it anymore. Ring the bell again and invite the children to take some deep breaths while the bell is ringing. Use a 4 – 4 – 4 approach to deep breathing: in for 4, hold for 4, out for 4. Invite the children to notice the other sounds they hear once the ringing has stopped. What other sounds did you notice?